

TIPS TO HELP PREVENT CHILD ABUSE DURING COVID-19



Report Child Abuse Because Kids Can't

Protecting Children, Preserving Families



Mahoning County
Children Services

REPORT LINE 24/7
330.941.8888

PARENTS & CHILD CAREGIVERS

If you are feeling OVERWHELMED, stressed, anxious or isolated: Keep in touch with friends and family members. Keeping connected to others helps reduce stress, anxiety and frustration. Take a little time to do something for yourself such as exercise, stretch, read, etc.

Keep Yourself and Your Children Busy: Schedule family activities: board games, family movie-time, walks. Laughter and physical activity are great stress reducers.

STAY TUNED IN: Remain informed about COVID-19 news. Manage and balance your news intake and take a break/disconnect for a while when you're feeling increased fear or anxiety.

COMMUNITY & ONLINE RESOURCES: CHILD ABUSE & NEGLECT INFORMATION:

Mahoning County Children Services:
<http://www.mahoningkids.com/>

Prevent Child Abuse Ohio:
<https://octf.ohio.gov/wps/portal/gov/octf/resources-for-parents/articles/>

Prevent Child Abuse America: <https://preventchildabuse.org/>

Help Network of Northeast Ohio: Dial 2-1-1 for referrals to community resources available or visit online Community Directory: <https://www.helpnetworkneo.org/services/>

WHAT TO DO IF YOU FIND YOURSELF OR YOUR CHILDREN IN DANGER:

- **24-Hour Child Abuse/Neglect Hotline:** Call Mahoning County Children Services: 24/7 CHILD ABUSE HOTLINE: 330.941.8888.
- **Domestic Violence Hotline in Mahoning County:** Sojourner House Domestic Violence 24-hour CRISIS Line: 330-747-4040.
- **Emergencies:** Call 911 for emergency or immediate danger/threats.

HOW COMMUNITY CAN HELP:

LEARN: The Signs of Child Abuse & Neglect and How to Report. →



EDUCATE: Click on the "Warning Signs of Child Abuse"

Our website: <http://www.mahoningkids.com/>

CHECK ON: Families who are at risk for child abuse/neglect

REPORT: Any suspicions of CHILD ABUSE/NEGLECT to

Mahoning County Children Services
24/7 HOTLINE: 330. 941.8888

At this time of
Unprecedented
ISOLATION...
Help **PREVENT**
Child Abuse & Neglect.
Regularly check in with families
who may be **AT RISK** for child
abuse/neglect.
REPORT when you suspect it.
24-Hour REPORT LINE:
330.941.8888



Mahoning County
Children Services

330-941-8888 www.mahoningkids.com